

**FLEXIBLE SIGMOIDOSCOPY OR HEMORRHOID TREATMENT**  
**WITHOUT SEDATION**

For this procedure, it is necessary that either 1 cleansing enema or 1 Fleet enema be taken 2 hours prior to your appointment time. **DO NOT USE A MINERAL OIL ENEMA.** Regular Fleet enemas may be obtained at any drug store and have instructions for use enclosed.

Because you are not sedated for this procedure you may drive yourself. You may also eat, drink and take all of your medication except for possibly blood thinners. You will receive instructions regarding blood thinners.

Please remember to bring your insurance information and driver's license along to the appointment.